

A Time for everything
by Ms. Linda

Woke up to the sounds of birds chirping and the sunlight streaming through the window. It is Spring! The cycle of life is starting again. New life, hope and joys for the days and months ahead. This thought put a smile on my face and I had to say 'thank you, God'.

The past few months have been filled with a lot of uncertainties and anxiety for many due to the covid 19 pandemic that is becoming endemic. Good news, it's coming to an end. There is definitely a light at the end of the tunnel.

I am so blessed that through it all, faith, friends and family have been pillars of strength. Staying informed and in touch with family located in different parts of the world has been a tool in being resilient. It's been wonderful to know that we are all well, knowing the sad plight of others.

Apart from family, I have been studying and engrossing myself with nature, such as hiking and staying healthy as much as I can and preparing my little garden to plant veggies. So let's keep believing, loving and having faith for joy comes in the morning!

